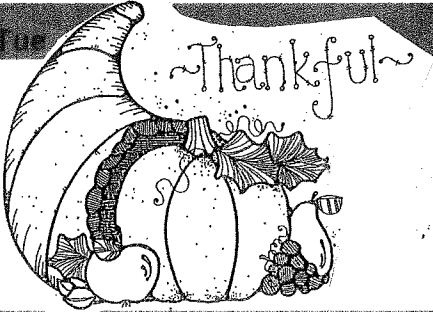


Rosary School Cafeteria Menu November 2024

Sun	Mon	Tue	Thu	Fri	Sat	
	Breakfast - \$2.95 , served every morning at 7:45am. Includes entree, fruit, yogurt, milk/juice. Lunch - \$3.75 , includes milk. Milk only - \$.75		Adult volunteers are needed every day! Contact Becky @ 405- 317-4600 to sign up	1 Scrambled Egg/ Bagel Cheese or Veggie PIZZA or Caesar Salad FRUIT Carrots Green Salad Strawberry Shortcake	2	
3	4 Waffle BBQ Chicken Corn FRUIT Carrots Baked Beans	5 Sausage Biscuit/Gravy Ham & Cheese Sandwich SOUP Fruit Carrots Broccoli Salad	6 Breakfast Pizza Chicken & Noodles Mixed Veggies FRUIT Green Salad Garlic Bread	7 Pancakes Corn Dog Tater Tots Fruit Carrots Baked Beans	8 Scrambled Egg, Muffin Bean & Cheese Burrito Rice Fruit Green Salad Cookie	9 CHEF SALAD available Mon-Thurs Order by 8:30am
10	11 Waffle Taco Burger Oven Fries Carrots & Cucumber FRUIT Yogurt	12 Sausage Biscuit/Gravy Baked Potato Ham & Cheese CHILI FRUIT Green Salad Wheat Roll	13 Breakfast Pizza Chicken Spaghetti Mixed Veggies FRUIT Green Salad French Bread	14 Whole Grain Pancakes Frito Chili Pie (Beef or Veggie Chili) FRUIT Green salad Corn Celery Sticks	15 Fruit Yogurt Granola Parfait FISH STICKS or Tuna Salad Tater Tots Fruit Cole Slaw Cake <i>TURKEY BINGO TONIGHT!</i>	16
17	18 Chicken Enchilada Casserole FRUIT Rice & Beans Green Salad	19 Sausage Biscuit/Gravy Hot Dog (Chili? Cheese?) Oven Fries Baked Beans FRUIT Tabouli Salad	20 Breakfast Pizza Veggie Beef Stew Fruit Yogurt Green Salad Cornbread	21 Pancakes The FEAST! Turkey & Dressing, Baked Ham Mash potatoes & Gravy Green Beans Corn Sweet Potatoes ROLLS Cobbler, Pie, Bread Pudding	22 Oatmeal w/Yummy toppings NO LUNCH Dismiss at Noon	23 Many helpers needed on Nov 20 and Nov 21- PLEASE SIGN UP
24	<h1>No School – Thanksgiving Break</h1>				30 <i>USDA is an Equal Opportunity Provider.</i>	